

# News to Friends

#### Serving Western Colorado • HopeWestCO.org

# From Grief To Giving Back How Your Support Makes Healing Possible

After the unexpected loss of his mother at the age of six, Hunter White was referred to HopeWest Kids, our grief support program designed for children and teens. He participated in individual counseling and later attended Itty Bitty Camp and Camp Good Grief. With the guidance of his grief counselors, Hunter was able to process his emotions and better understand his grief.

"At my lowest point, they were there to pick me up. The HopeWest team supported me unconditionally and has made an incredible impact on my life," he said.

While the sadness of losing his mother will never entirely go away, Hunter, now a junior at Plateau Valley High School, has developed lifelong coping skills. This success is made possible thanks to generous donations that fund the HopeWest Kids program that supported him.



Hunter White, previous HopeWest Kids participant and current HopeWest Teen Volunteer

"Grief and loss can profoundly impact kids' emotional, psychological, and even physical well-being," said Jessica Boff, Director of Bereavement Services at HopeWest. "Kids who have access to grief support and counseling are more likely to experience healthier emotional development, strengthened relationships with their family and friends, and even stay engaged in school. Without support, grief and loss can cause tremendous barriers and hurdles."

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Look What You've Made Possible



Volunteers are Generosity in Action



Spotted Around Our Communities

Look what you've made possible

# 2024 ANNUAL REPORT SNAPSHOT

Celebrating another year of remarkable success and the profound impact HopeWest programs have in the lives of the people we are privileged to serve. With your continued generosity, more than 3,700 individuals and their families are supported every year.

# PACE Participants

Every day our PACE participants experience the joy of friendships and the excitement of a new chapter in life. Our participants maintain independence, enjoy opportunities for socialization, utilize first-rate medical and home care, and benefit from coordinated healthcare and transportation.

### Adult Grief Support & HopeWest Kids Clients

No one should feel like they have to face grief alone. With your contributions to our grief programs, participants come to terms with the difficult nature of their grief through the support of our professional counselors and the connections made with others in grief groups.

HopeWest Kids is a program fully funded by philanthropy. Your donations help children and teens through their journey of grief, equipping them with life-long skills to promote continual growth, healing, and happiness. HopeWest PACE 218

Hospice 2,038 Palliative Care 243

Grief Support 541 HopeWest Kids 381

> Ferris Care Center

## Hospice & Palliative Care Patients

Thanks to carefully coordinated care, patients and their families are able to spend cherished time together, with comfort and reassurance. Despite the challenges of caring for a loved one with a serious illness, families experience newfound strength and confidence to do so with the support of their HopeWest team.

Ferris Care Center Patients

The HopeWest Ferris Hospice Care Center, an in-patient facility, serves as a sanctuary for patients needing intensive end-of-life care that is hard to manage at home. The Care Center, available to all our patients, is the only one of its kind on the Western Slope. This short-term care provides a comfortable, home-like setting where families gather.

#### How Philanthropic Dollars are Raised

\$4,348,776 raised to support our programs.





Our unique retail outlet Heirlooms for Hospice helps support our mission.

# \$470,668

Contributed in 2024 from Heirlooms for Hospice upscale resale stores located in Delta, Grand Junction, and Montrose.

And most importantly, we celebrate the support of our communities who make this all possible. Our shared commitment to this mission brings comfort to those facing difficult times and inspires generosity felt throughout the communities we serve.

Thank you for supporting our mission.

# A Message from Deneen



Deneen Silva HopeWest President & CEO After 24 years of working in the healthcare industry, I can confidently say that HopeWest is an organization unlike any other.

HopeWest is an organization built by the community, for the community.

With your continued

generosity, we help more than 3,700 individuals and their families every year through some of the most challenging moments of their lives.

Stepping into the role of President and CEO of HopeWest is truly an incredible honor for me. It's my charge to continue the board's strategic vision for quality and fiscal sustainability. And it's my commitment to continue to deliver our promise of exceptional care.

HopeWest remains the trusted resource and provider for families on the Western Slope, experiencing the challenges of serious illness, aging, and grief. And with your support, we continue to serve the most vulnerable and at-risk individuals in our communities.

I am deeply humbled by the opportunity to lead such a compassionate and dedicated team. I look forward to building on the organization's strong legacy of excellence in hospice, palliative care, grief support, and PACE, while continuing to serve you. Together, as we look to the future, we can ensure that HopeWest continues to serve as a trusted source of healing and hope for generations to come.





Hunter White, previous HopeWest Kids participant and current HopeWest Teen Volunteer

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Those who are lucky to know Hunter describe him as community-minded, driven and kind. He is an active FFA (Future Farmers of America) member and participates in his high school's football and track teams. His dedication and talent have earned him college offers in both sports and academics.

Hunter's story comes full circle as he chooses to give back by volunteering at the annual Spring Swing event in Plateau Valley and other HopeWest activities. His contribution to our mission ensures other children receive the same guidance and care that helped him heal.

Hunter plans to pursue a degree in education, a career he says is inspired by the team at HopeWest, his coaches, and the many mentors who have made an impact on his life.

A Lasting Memory, A Lasting Gift

## Expressions of Remembrance Along the Journey of Grief

When we lose someone dear to us, finding meaningful ways to honor their legacy becomes an essential part of our healing journey. There is something comforting about knowing that a loved one's memory continues to bring light to the world.

Memorial donations to HopeWest represent one of the most impactful expressions of remembrance—creating connections that extend beyond loss. Many find that these tributes help them feel connected to their loved one in new ways and can help channel overwhelming emotions into something beautiful and enduring. Not only do these expressions of generosity comfort the grieving but also those who will receive care at HopeWest in the future.

Through these remembrances, something simple yet profound emerges: the understanding that love transcends loss. They acknowledge that even in absence, those we have loved continue to shape who we are and inspire how we care for one another.

#### In Memory • In Honor • Congratulations Birthdays • Anniversaries • Thinking of You

**Gifts in memory** are meaningful at any stop along the grief journey, whether it's one month, one year, or 10 years after you've lost a loved one.

**Gifts in honor** also represent love and generosity and can be a celebration of the people you hold dear.

Give a gift in memory or in honor with the enclosed envelope or at HopeWestCO.org.

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Volunteers are Generosity in Action

In 2024, **1,085 volunteers** gave **82,276 hours**—the equivalent of **40 full-time employees** and a **\$2,755,423 savings** for HopeWest!

As a nonprofit organization, where no one is ever turned away for care, we understand the importance of our volunteers and value each of them. Volunteers are at the heart of what we do.



Patient & Family

Support

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Pet Therapy



Heirlooms for Hospice



Celebrations





Floral & Gardening





## 2024 Volunteer Highlights

#### **Celebrating 8 Years with HIVE**

The HopeWest Individuals Volunteering Energy (H.I.V.E.) group recently celebrated its eighth year! Our H.I.V.E group meets once a month to work on HopeWest projects, collaborate with one another, and participate in fun activities.

#### Memory Bears Made with Love

After retiring and settling on the Western Slope, Karen discovered her love for sewing. When we saw some of the beautiful items she had sewn, we knew memory bears for grieving families would be a great project for her. To craft each bear, Karen uses a piece of clothing like a favorite shirt or dress that reminds families of their loved one. Karen makes each bear extra special and meaningful by adding details like pockets, dainty buttons, and tags. Every bear Karen presents to families is embraced with love and admiration.



# Delta

HopeWest volunteers in Delta join a monthly "Coffee Break" with RSVP (Retired and Senior Volunteer Program) to collaborate and explore ways to serve the community. While volunteers look for opportunities to expand their impact, RSVP helps remove barriers to involvement, such as offering mileage reimbursement. Beyond volunteer discussions, attendees enjoy mingling with friends and sipping a good cup of coffee.





# Montrose

Ti, a social worker at HopeWest in Montrose, knew just how to brighten our patient Tim's day! When she learned Tim had a special connection to horses, she arranged a visit with one of our equine specialist volunteers. At the farm, Tim shared his cherished memories and stories from his past. It was evident by the smile on his face that this experience filled him with joy.



# **Plateau Valley & De Beque**

Spring Swing underwriters shared their excitement in anticipation for the annual event held at the Mesa Community Center on April 12th. Jennifer Crites, Plateau Valley Advisory Board Member shared, "Knowing that all the money raised stays up in our valley and that all our friends and neighbors take care for each other – that's huge. This is a great community."



# **Grand Junction**

Meet Daryl, a Vietnam Veteran who volunteers weekly at Heirlooms for Hospice in our Grand Junction location. Daryl has volunteered once a week for the past nine years. He began volunteering with his wife after learning Heirlooms needed a handyman. Daryl ensures that all electrical donations work before being put out for sale, checks woodwork donations for repairs, helps clean up the back rooms, and so much more.

"I really enjoy being able to volunteer with my wife once a week and giving back to an organization that does so much for our community," explained Daryl.

At HopeWest, we honor our nation's veterans and their families for their service and sacrifice. We salute Daryl and all our Vietnam Veterans.

Why do you think it's important to support HopeWest in Plateau Valley?



# Meeker

Volunteers and Meeker Advisory Board Members gathered to create special treat trays for patients and their families. This is another sweet example of how each local community contributes to our shared mission of providing both comfort and exceptional care to those who need it most.



3090 North 12th Street Grand Junction, CO 81506

HopeWestCO.org

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families chose HopeWest to provide care to their loved ones in 2024.

94%

3,700

of families would recommend HopeWest.

## A trusted source of caring, hope, and healing for generations to come.



**Discover what makes us different**—**visit HopeWestCO.org.** Grief Support • Hospice • PACE • Palliative Care

