

MAY 2016

# News to Friends

## Inside This Issue

Caring Hands : Grateful Families 2015 Annual Report | PAGE 3  
Susie Bevan Recognized with Nightingale Award | PAGE 11



HopeWest

I realize we are nearly at the half-way mark of 2016 but I want to take this time to reflect on last year. Thanks to you and so many others, 2015 was another remarkable year!



**Christy Whitney Borchard,  
President & CEO**

We are so grateful to the members of our community who simply “define” our organization. I wish that I had the opportunity to thank each of you personally for what you do to make our work possible.

This newsletter provides a glimpse into the kind of care HopeWest is able to provide through our wonderful volunteers, employees and donors. In this ever-challenging world we live in today, HopeWest has been blessed to maintain our wonderful level of care and be innovative in our approach to doing what is best for the patient.

We have exciting projects on the horizon for each of the areas we serve. Each of our programs is dedicated to making our final chapters of life rich and special, times that bring family together and leaves everyone at a better place.

Last year, we created the Circle of Hope – our monthly giving club - to help sustain support all year long. I invite you to join and help us transform lives. Each and every gift, no matter the size, changes our world. The Circle of Hope helps us be there every day for those facing serious illness and grief.

Every gift and every gesture can change the world for a patient and a family in our community.

**Thank you – your generosity  
inspires hope in others!**



# Snapshot of Celebrations across the Western Slope

Your generosity changes our community and the world of thousands of people who face the challenges of serious illness and grief. Celebrate the miracle of 2015 with us.

Thank you for making so much possible.

## Mesa County

- Together, in Mesa County we cared for 1,250 people in our hospice program. Our palliative care services extended to those coping with a serious illness and touched the lives of more than 650 people in Mesa County.

## Delta

- In Delta, our very own Heirlooms for Hospice store was nominated for nonprofit of the year by the Delta Area Chamber of Commerce. It is such a wonderful place to connect with the HopeWest mission and helps us raise the fund necessary to help anyone in need.

## Meeker

- In Meeker, our outstanding volunteers gave more than 1,000 hours of their time to improve the lives of others, which equals nearly \$30,000 of paid staff time. We were also excited to offer an Equine Therapy training group through HopeWest Kids.

## Montrose

- In Montrose county, nearly 100 kids attended grief groups at local schools and received counseling from our talented staff. Grief support for adults is also growing, we welcomed a new bereavement counselor, Betsy Baier, to our team.

## Plateau Valley

- Through Mary Hammack's leadership and your support we have been able to care for more people in their own homes in the Plateau Valley and Debeque area, no matter how rural or remote.

It is because of you that we can provide these vital services. Your support has been so important in assuring our ability to respond to those in need.

# Caring Hands: Grateful Families

2015 Annual Report





Pain  
into **Comfort**

Dear Care Center Team,

Countless others have stood where we stand - we struggled to find sufficient words of thanks. During one of the more heart wrenching trials a family can experience, your caring staff brought grace, serenity, and dignity to life's final transition. All who enter your doors are enfolded by special caring love. Our family is infinitely grateful to each and every staff member at your truly amazing care center for their part in making the final days of our mother more serene and virtually pain free.

Most gratefully and sincerely,

Tracy C. & Family, A family you may never meet  
but whose gratitude for your gift is beyond measure

## HopeWest Hospice Care Center

**Thank you for embracing patients and families.**

**You helped provide:**

A place like home where loved ones and even the family pet can be together 24 hours a day.

Doctors and nurses at the bedside of our Care Center patients all day, every day to provide meaningful care to our **619 patients**.



Despair  
into **Hope**



Dear Hopellest,

The sad thing about living a long life is loved ones and friends pass on without you....I had shut myself off from everyone except family.

Now, after attending Hopellest counseling, reading and listening to others speak about their loved ones who have died, I am better prepared on this road of grief.

Warmly, Rosemary E., A grieving widow, grateful for your generosity

## HopeWest Grief Support

**Thank you for helping us profoundly change lives. Your generous hands assured:**

**535 adults found comfort** through our community support groups and individual counseling - extending support to those who are grieving.





Fear  
into

# Courage



Dear Rita,  
You are not just Mom's HopeWest nurse, you are our friend. Your visits were not just about getting her vitals, you truly cared about her and her welfare. I loved how you always suggested ways for Mom to get more calories, and even went as far as making cookies for her with lots of protein. You knew if she was down, you knew if she was happy, you knew if she was having a hard time resting and you always were on top of it. I thank God we were lucky enough to have you as our angel for 4 years.

Love, Sandy S. A daughter grateful for precious moments with her mother, made possible only with your help

## HopeWest Palliative Care

**Thank you for helping HopeWest assist families during the most difficult times. Because of you:**

**777 of our patients** did not fall between the cracks when they didn't qualify for hospice or home health – instead each patient received palliative care to help manage pain and symptoms.



Grief  
into

# Healing



Dear Friends,  
I have always been the kind of person who thought bad things would never happen to me. That all changed when my husband died suddenly at the age of 38. I lost the person I planned to spend the rest of my life with and my two sons lost the dad they adored. I called my friend, a HopeWest social worker, and asked for guidance and support in how to talk with my boys. She came to my house and sat with me, cried with me and helped me find the words for what would be the worst moment I had ever known. Without your support, I do not know how I would have been able to tell them their dad had died or to cope with this journey facing my family.  
Sincerely, Kim G., A mother of two sons who was embraced with your support

## HopeWest Kids

**Thank you for helping mend the little hearts of children across the Western Slope.**

**684 children** received grief counseling through our school groups, camps, family groups, equine therapy and individual counseling.





# Chaos into *Caring*

Dear HopeWest,

I just can't find the words to properly express my heartfelt gratitude for your care of my mother. Without your help and obvious concern for not only her, but myself, I couldn't have taken her home. The last few months of her life were precious to me. The quality of care you offered our family is priceless. Our nurses, nursing assistants and social workers all made my bad days better. No one knows what to expect with the passing of a loved one. My goal was to have mom pass at home, surrounded by her family. That day came and with your help and guidance, it was such a good experience, one that I will cherish forever!

Sincerely, Ben C., A son filled with priceless memories because of your gifts

## HopeWest Hospice Care

**Thank you, your generosity of spirit enabled HopeWest to care for more patients than ever before.**

**1,773 hospice patients** received compassionate support in 2015.

HopeWest reaches out to families across **7,000 square miles** of the Western Slope in Delta, Mesa, Montrose, Ouray and Rio Blanco Counties.

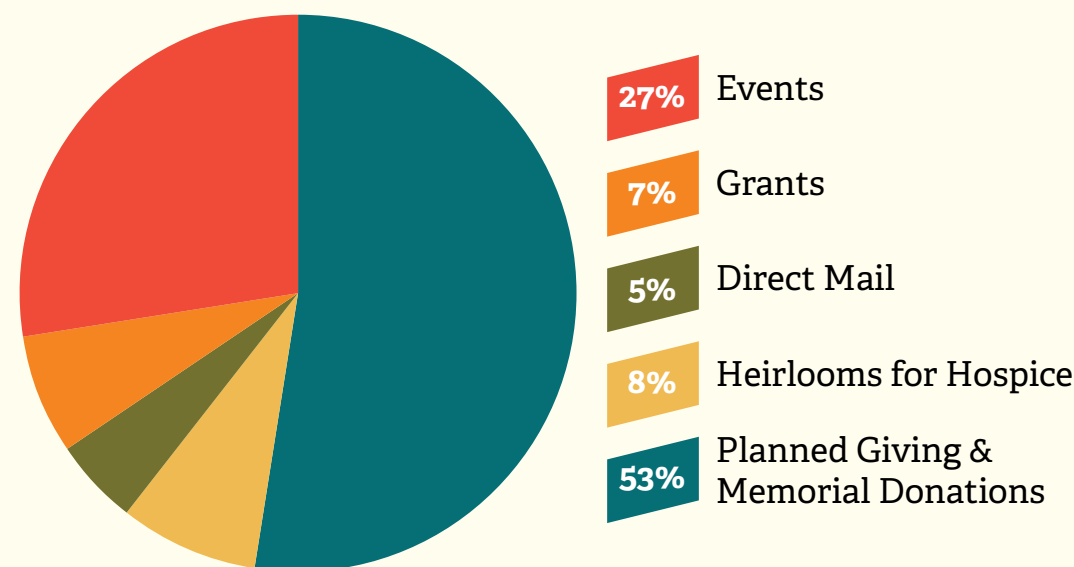
**We are grateful to the people and businesses that made our mission possible. Every donation mattered.**

**Total Revenue and Support: \$34,941,203**

Insurance & Other Patient Revenue: \$31,878,203

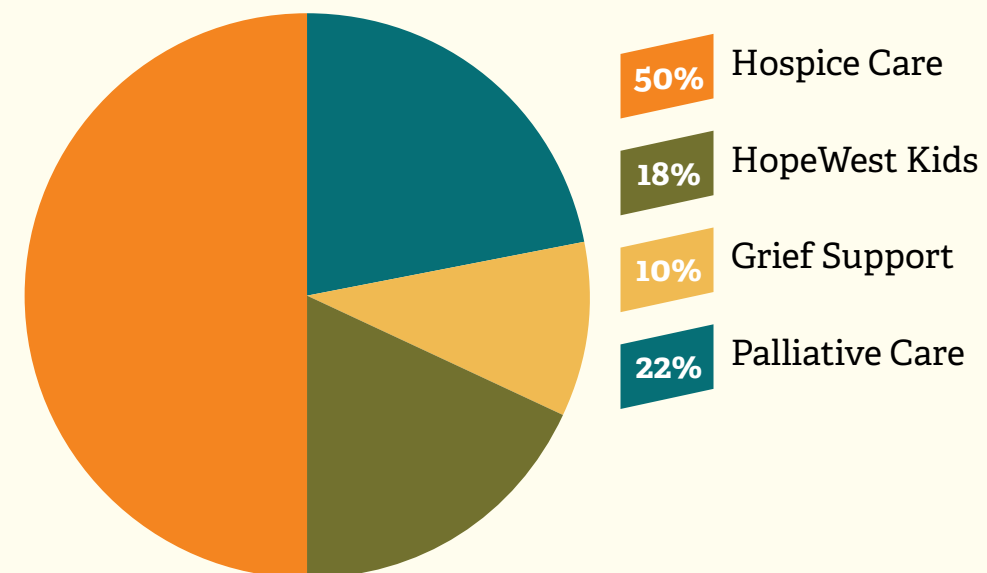
Grants & Contributions: \$3,048,247

Investment and Other Income: \$14,753



## Net Proceeds from Activities

## How Philanthropic Dollars are Spent





## New Monthly Giving Club Sustains Support

One person's generosity has the power to inspire hope in others. The Circle of Hope helps us be there every day for those facing serious illness and grief – join us and make a difference in the lives of friends and family members.

## Circle of Hope Founding Members

Ty and Angie Abshear	Jerry Hillman	Joseph and Susanne O'Dell
Taryn Andrey	Ted and Vanessa Hoff	Dr. Sara Pereira
Joe L. Archuleta	Bud and Estella Holmes	ProSpace Interiors
Stephen Attarian	Dr. Michael and Debra Horwitz	Katherine A. Rapp
Kate Avery	Sunny J. Howland	Howard and Diane Revie
Mary Bachran	Thomas Huerkamp	Heidi Rung
Cheri Bahrke	David Huerkamp	George and Beverly Salazar
Elizabeth Bartoszek	Dennis and Karen Kiefer	Virginia Samuel
Kathy Baughman	Carolyn Kincaid	Steven and Deborah Schultz
Melody BellCampton	Bryan and Diane Kissner	Sandy Shalley
Lisa and Rob Bickley	Vernon Kramer	Jodi Slagter
James Blankenship	Pat and Marcia Lackey	Wayne and Joyce Smith
Christy and Kent Borchard	Al Kreinberg and Kim Last	Mitch Thomas
Rebecca Brown	Chris and Anna Marie Launer	Thomas Hunn Co. Inc.
Emily Buchanan	Janet Loring	Dick and Gaylene Thompson
Heather Burns	John Loring	Judy Vanderleest and
David Byrne	David and Robin Maddox	Andy Kelley
Thom and Cindy Copp	Shannon Markley	Charles and Dee Anna
Stephen and Linda Crow	Ern Maupin	Vandiver
Celeste and David Detwiler	Karen McGuirk	Donna Villers
Tom and Patty Dykstra	Don McKelvey	Gavin and Lynn Walden
Scott Frost	Justin and Gail Mills	Terri Walter
Jan Gage	Rose Moore	Kathy and Terry Welt
Wilma and Alex Graehling	Tim and Paula Moore	Michael and Mary Whalin
Robert and Dennie Griffith	Allison Nadel	Mark and Mary Wigington
Leneé Grisier	Jim and Marianne Nelson	Eugene and Linda Wilson
Dee Dee Hansen	Ranel Noble and Kara Whiting	Layle and Jane Zongker
Helen Harper	Kathleen Odefey	

# Susie Bevan Recognized with Prestigious Nightingale Award

Susie Bevan, RN, BS, Vice President of Clinical Services at HopeWest in Grand Junction, received the esteemed Nightingale Award, Colorado's highest honor for nurses.

Susie was selected from hundreds of outstanding nominees, 41 of which were recognized as Colorado Nightingale Luminaries for Excellence in Human Caring and only 6 received the highest honor as Nightingales at the 2016 Nightingale Luminary Awards Banquet in Denver held in May.

Susie was nominated in the category of Leadership in an Administrator, Educator, Researcher or other Non-Traditional Practice Role. She has been a nurse for 14 years and works at HopeWest as the Vice President of Clinical Services. "Susie is a magnetic leader," said Christy Whitney Borchard, President & CEO of HopeWest. "She inspires others to be passionate in their work and encourages nurse managers to develop their own leadership skills."

Susie is known throughout HopeWest for her creative approaches to problem solving. Because of her leadership, nurses at HopeWest say they feel they can truly practice the art of nursing. "We are so proud to have someone as talented and creative as Susie as part of our leadership team at HopeWest," added Christy.

"I am completely honored and humbled to receive this award," said Susie. "It is the highlight of my professional career. There are 60,000 nurses in Colorado that go above and beyond every day. To be honored in this way by my peers and the amazing nurse leaders of the state of Colorado is more than I could have ever imagined. I will be forever grateful to my family, mentors and the outstanding teams that I work with."



The Nightingale Award was founded in 1885 to honor Colorado nurses who best exemplify the philosophy and practice of Florence Nightingale, a 19th century nursing pioneer. The Nightingale award is promoted through the Colorado Nurses Foundation. Each of the six regions from around the state conducts a nomination process in January and selects up to six nurses to receive a Luminary Award and be in the running for one of the state awards.

# Receive News to Friends Electronically

Would you like to receive News to Friends in your inbox instead of your mailbox?  
Sign-up to receive our newsletter via email at [HopeWestCO.org](http://HopeWestCO.org).

Stay up-to-date. Like us on Facebook! 

## Our board feature this month is the Board of Directors

Melody BellCampton  
Joseph Breman  
Sue Conry  
Beth Costello, Vice Chair  
Brian Davidson, M.D.  
Mark Francis  
Peter Jouflas  
Chris Launer, Chair  
Mike LeFebre  
Helen Love  
Drew Mayer, Secretary  
Gregory Reicks, D.O.  
Tom Sawyer  
Barbara Seelye  
Chris Thomas  
Laurel Walters  
Christy Whitney  
Borchard  
Todd Young

### News to Friends

is published by HopeWest.  
Comments and suggestions  
are welcome. Please  
call Jenny Marquez at  
(970) 263-2182.

[HopeWestCO.org](http://HopeWestCO.org)



3090 North 12th Street, Unit B  
Grand Junction, CO 81506

## Upcoming Community Education

### Being Mortal Video Screening & Discussion

Wednesday, June 15  
3:00 p.m. – 5:00 p.m.  
The Saccomanno Center at St. Mary's Hospital  
2635 North 7th Street, Grand Junction

HopeWest is hosting a free screening and discussion of the PBS program Being Mortal. All community members, caregivers, nurses and physicians are welcome to attend. You will be part of a national dialog taking place in our community that asks "Have you and your family had the tough conversations and planned ahead?"

### Advance Directives Info Session for Community Members

Thursday, June 30, 2016  
12:00p.m. - 1:00 p.m.  
Hospice Care Center, Room 102  
3090 N. 12th Street, Grand Junction

This information session will give you the facts and tools you need for understanding and managing medical decisions in Colorado. You will learn about Living Wills, CPR Directives and Designated Beneficiary.