

JULY 2016

News to Friends

Inside This Issue

Supporting one another through a unique partnership | 02
We Honor Veterans committee recognizes patients | 03
Honoring Lives. Changing Lives | 06



HopeWest

So many of our friends and neighbors on the Western Slope are invested in HopeWest's success.



Christy Whitney Borchard,
President & CEO

In 2015, more than 1,300 volunteers dedicated 85,601 hours of their time to HopeWest which is a value of nearly \$2 million dollars – wow! Without this generosity, our mission would not be possible.

Each and every volunteer is a vital member of our team and their gift of time is as unique as those who contribute. That gift of time makes a difference in the happiness and comfort of others.

We see the impact every day volunteers have on the lives of patients, families and employees. We also see how volunteering impacts the lives of our volunteers. I was reminded of this recently when I heard one of our event volunteers reflect on her 22 years as a volunteer. Doing anything for 22 years is amazing, but volunteering? Isn't HopeWest blessed to have such dedication? This volunteer stated that she gets joy out of knowing what she does for events ultimately helps anyone who may use the services of HopeWest. Simply amazing.

We are always looking to add to our family of volunteers. Whether someone is interested in providing companionship for patients and families, assisting with grief support groups, helping with music and art projects or greeting customers at Heirlooms, there is something for everyone.

People with a passion for helping others make our work possible!

Supporting one another through a unique partnership

HopeWest and Illembula Palliative Care in Tanzania share a special bond despite being on opposite sides of the world.

HopeWest staff members reached out to Illembula Palliative Care eight years ago to provide funding and resources from their own pockets to support people in rural Tanzania coping with serious illness. Since then, a strong partnership has developed.

The needs of Illembula Palliative Care were discovered through Global Partners in Caring, an organization that links African hospice and palliative care providers with American hospices for programmatic support, financial aid and technical assistance.

One of the first HopeWest staff members to visit Tanzania and see the work they were doing was Terri Walter, Senior Vice President and Chief Administrative Officer at HopeWest. "They do so much with so little," explained Terri. "With a team of just 5 people and 50 volunteers, Illembula Palliative Care serves thousands of people with serious illness every year throughout rural Tanzania."

Since the initial trip, two more visits have been made by HopeWest employees and volunteers. The program director from Illembula Palliative Care has even made a trip to the United States – each of these trips making the relationship even stronger.

Through fundraising efforts, approximately \$50,000 in support has been given since the beginning of the partnership to Illembula Palliative Care, helping sustain and grow their mission to serve patients in their rural Tanzanian community.

Interested in becoming part of the partnership?
Visit HopeWestCO.org to donate or learn more!



HopeWest Kids Grief Counselor Adrienne Wagner gives a presentation on coping with grief to the Illembula Kids Club. Kids Club educates children with HIV about the disease and how to care for themselves to prevent complications. Adrienne is one of three HopeWest staff members who visited our Illembula sister hospice in 2015.



Left: Samuel – an HIV patient in Illembula – had been unable to get out of bed for four years prior to receiving help from the palliative care team.



Right: A HopeWest nurse spontaneously sings with Hazel Miller at the HopeWest Africa Partnership's recent benefit concert Rhythms for Africa. The concert raised more than \$8,500 to support care in Illembula!

HopeWest We Honor Veterans committee recognizes patients

The We Honor Veterans committee at HopeWest has been in full swing since 2011. This committee is made up of a group of employees and volunteers under the leadership of Beth Brown, RN, longtime Nurse at HopeWest and advocate for veterans.

The committee is dedicated to recognizing veterans, enhancing education based on veteran's needs, identifying resources and collaborating with our local community.

"We recognize those who served and genuinely appreciate the sacrifices they made for this country. At HopeWest we understand that veterans may have unique needs as they age and we are honored

that they come to us for care. Our staff and volunteers are provided with ongoing education to better serve our veteran patients," said Beth Brown.

Each veteran patient is recognized with a special, private pinning ceremony. In addition, veterans staying in the Hospice Care Center are honored with handmade blue star quilt wall hangings and intricate patriotic lap quilts during their stay. These special treasures are handmade by dedicated volunteers, Caring Hands & Hearts quilt group and Colorado West Quilters Guild.

What an honor it is to serve our veteran patients as they so bravely served our country.

"George chose the quilt with a rail fence pattern because it reminded him of the quilts his grandmother used to make and one he used to sleep under as a child. The way these patriotic quilts touch veteran's lives, it's just incredible. It's so rewarding to give back to them after what they've done for our country."

– HopeWest Social Worker, Cindy Webb



HopeWest Chaplain Scott Hogue presents George Arnold with an honorary quilt for George to keep.

Bringing back smiles

Itty Bitty Camp 2016 – Musical Grief Journey

The power of your support is noticed on every single child's face who attended Itty Bitty Camp this year. Our little campers may have come somewhat nervous, not knowing what to expect but they left with big smiles.

Itty Bitty Camp is for kids entering kindergarten through 2nd grade who have lost a loved one. Because these little hearts grieve differently than older kids, they have their own day camp.

This year's theme was Musical Grief Journey. Children had ongoing support from adult volunteers and staff members and were able to connect with other children who have experienced the death of a loved one. There was a variety of activities throughout the day and we even had a donated photo booth where children were able to have a picture taken in costume. They sure had a lot of fun dressing up!

The day closed with a discussion of coping skills and a memorial activity where each child decorated a star in honor of their loved one.

It is only through our donor's support of time and money that we are able to provide this life changing camp. Thank you!

For more information about HopeWest Kids, visit HopeWestCO.org or call (970) 245-5377.



Above: Itty Bitty Camper enjoys dressing up for the photo booth. **Below:** Campers memorialized their loved ones by creating a personalized gold star to line the walk way outside the HopeWest Hospice Care Center.



Join your friends and neighbors in changing the world

The Circle of Hope

One person's generosity has the power to inspire hope in others. The Circle of Hope is a monthly giving club that helps us be there every day for those facing serious illness and grief.

A monthly donation of \$10 will have a tremendous impact on the lives of your friends and neighbors.

Every gift matters. Join the Circle of Hope today by visiting HopeWestCO.org.

What your support can do:

\$10 a month = \$120 a year

Helps four kids attend our healing grief support camps for a weekend.

\$25 a month = \$300 a year

Provides a community member with pain and symptom management through our Transitions program for one week.

\$50 a month = \$600 a year

Ensures a community member and his family will receive exceptional nursing care through our hospice program for two weeks.

Our Circle of Hope monthly giving club members assure help is always there.

Ty and Angie Abshear
Taryn Andrey
Stephen Attarian
Kate Avery
Mary Bachran
Cheri Bahrke
Elizabeth Bartoszek
Kathy Baughman
Melody BellCampton
Lisa and Rob Bickley
James Blankenship
Christy Whitney Borchard
and Kent Borchard
Rebecca Brown
Emily Buchanan
Heather Burns
David Byrne
Thom and Cindy Copp
Stephen and Linda Crow
Celeste and David Detwiler
Tom and Patty Dykstra
Virginia Essink

Scott Frost
Jan Gage
Wilma and Alex Graehling
Bob and Dennie Griffith
Leneé Grisier
Dee Dee Hansen
Helen Harper
Jerry Hillman
Ted and Vanessa Hoff
Bud and Estella Holmes
Dr. Michael and Debra Horwitz
Sunny J. Howland
Thomas Huerkamp
David Huerkamp
Dennis and Karen Kiefer
Carolyn Kincaid
Bryan and Diane Kissner
Larry Koller
Vernon Kramer
Pat and Marcia Lackey
Peggy Lamm
Al Kreinberg and Kim Last

Chris and Anna Marie Launer
Janet Loring
John Loring
David and Robin Maddox
Shannon Markley
Ern Maupin
Karen McGuirk
Don McKelvey
Justin and Gail Mills
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Tim and Paula Moore
Allison Nadel
Jim and Marianne Nelson
Ranel Noble and Kara Whiting
Kathleen Odefey
Joseph and Susanne O'Dell
Dr. Sara Pereira
ProSpace Interiors
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Heidi Rung
George and Beverly Salazar

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Steven and Deborah Schultz
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Michael Cassidy
Sandy Shalley
Jodi Slagter
Wayne and Joyce Smith
Mitch Thomas
Thomas Hunn Co. Inc.
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Judy Vanderleest and
Andy Kelley
Charles and Dee Anna Vandiver
Donna Villers
Gavin and Lynn Walden
Terri Walter
Kathy and Terry Welt
Michael and Mary Whalin
Mark and Mary Wigington
Eugene and Linda Wilson
Les and LeAnn Zetmeir
Layle and Jane Zongker



Honoring Lives. Changing Lives.

Because of your support, HopeWest Kids is able to provide grief support to more than 700 children across western Colorado each year.

Children at Camp Good Grief experience a weekend of activities focused on coping with grief. On the last day of camp, all campers attend a personalized memorial service where each child recognizes his or her loved one by lighting a candle in their honor. HopeWest Kids is only possible through philanthropy and this camp is just one of the many ways your contribution helps our community's youth.

Memorial Donations

given May 1 – May 31
Bill Bob Ashcraft
Bruce Perelman
Roland Lee Averill
Dennis and Darcie Kahila
Thomas B. Beach
Philip and Joyce Hoffman
Wayne E. Beede
Anne McCollum
Jackie Marlene Bender
Arnold and Donna Bruns
Shelly Bennett
P.E.O. Sisterhood Chapter BL
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Mickey and Lily
Shanabarger
Delbert and June Smith
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Dallas Forest Buffum

Brian Buffum
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Ray and Mary Ellen Davis
Sunny J. Howland
Thomas Huerkamp
Keith and Clarine Johnston
ProSpace Interiors
Les and Della Womack
June Dickerson
Glenda Brown
Kenneth and Kirsten Dickerson
Ms. Nancy Fry
Sallie and Hall Hosler
Veronica Weins
Joan R. Dybing
Marlys Moore
Roy Engebretsen
Julliette Engebretsen and Ellie Young

Betty Fleming

Louise and Jan Clune
Sharlene Hren
Harry Gaffney
Stephen Attarian
Bill Gerderman
Margaret L. Cerni
Margaret Giardino
Terry and Perry Hotz
Byron Green
Christy Whitney Borchard and Kent Borchard
Roger Carl Hagerty
Lit duPont
Becky Hargis
Sydney Bramwell
Patricia Kay O'Neal Hawkins
Wayne and Claire Hawkins
Cynthia Riedel
Renee Patton Hern
Encampment-Riverside Lions Club
Jerry and Linda Kraft
Jerry and Mary Satterfield
Evelyn Hickman-Bailey
Evelyn Cronk
Ruby Holloway
Randall and Wendy Cass
Tim and Paula Moore

Irwin Horwitz

Dr. Michael and Debra Horwitz
Irene Margaret Hrozny
Ted and Sharon Somogyi
Howard "Buck" H. Huff
Gary and Margaret Schoonover
Gloria Eva Hurd
Robin Jenkins
Terry Kappeli
Heidi Rung
Leroy R. Keller
Virginia Essink
Margaret "Peggy" V. Keller
Virginia Essink
Samual Wallace Kelly
Tom Boita
Jerry and Adele Chadwick
Dr. Stephen and Susan Fante
Madalyn Kester
Bridgette Walters
Michael J. Kiefel
Thomas Tapia
Robert David King
Marilyn and Ray Beckage
Dwight Loran Kinnett
Sandra Alley
Evelyn R. Chandler
Barbara Franz
Ruth Kinnett
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Wilbur and Nona Vanwinkle
Eleanor Kramer
Vernon Kramer
John J. Lalla
Alice, Gina, and John C. Lalla, Carol Chapman
Dennis A. Landeis
Linda Gilmore
Linvall James and Catherine Louise Lange
Katie Bock
Gail Parker Leo
Rose Madonian
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Fred and Marion Ramirez

Krista Marie Lewis

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Marty and Martha Hardrick
Robert and Sharon LeBorgne
Erma Floy Moorland
Terry and Camilla Hammer
Gard Allen Morris
James and Denise Henning
Lila Murray
Melanie Son
Marlene "Marti" E. Nichols
Dr. Amy Bratteli and Dr. John Bratteli
Daisy Nisbet
Sandra Saffell
Jim Norris
Paonia Garden Club
Marcia Dean Norton
Raymond and Mary Lynda Frommer
Natalie McCaleb and farmhands

William E. Noxon

Carolyn Noxon
Robert Oakes
Richard and Claire Atkins
Charles and Linda Sours and Family
Selena Pederson
Holly Vanderpool
Karen Probst
James and Dawn Carstens
William Rapp
Katherine A. Rapp
Florence Roth for Mother's Day
Gerry Coffey
9th Anniversary of Death of Viola Sallee
Howard and Diane Revie
Roger Scanlon
Dusty and Ann Boyd
Norman Allen Schick
Carolyn Schick
Anne Schmalz
Bill and Nancy Bustillos
Lyle and Jo Clugg
Susan Conner
Marilyn Cox
Paul and Pat Fedler
Dennis and Karen Kiefer
Alice Kramer
Richard LeBaron
Edith Lindsey
Gene and Barbara Markley
Ida McKnight
Millie Pavlich
Raymond Scheetz
Charles and Paulette Schmalz
Linda Schmalz
Randy and Vickey Shetley
Klem Schurr
Schurr Family
Lois Searle
Howard and Diane Revie
William "Smitty" A. Smith
Ladona and Keith DeGree
Terry Ragsdale
Fred and Helen Strohmeier
Joseph and Susanne O'Dell
John Sublette
Bob and Katie Stokes

Doris Sutherland

Dr. Amy Bratteli and Dr. John Bratteli
Dr. Michael and Debra Horwitz
Freda Swain
Lane Haskill
Mary Arleen Swanson
Brian and Arleen Swanson
Harley W. Terrill
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Dr. Amy Bratteli and Dr. John Bratteli
Eric and Natalie Hansen
Keith and Margaret Hansen
Lewis, Judy, Ryan, Samantha, Jacob Melchor
Esther O'Dea
Rosemarie Richmond
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Mitchell Trimble
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Shirley Kluth
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Holly Vanderpool
Janice Marie Violet
Nelda L. Barker
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Kelli Ann Whiting
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Robert M. Wilcoxon
Evelyn Cronk
Dale A. Young
Leon and Flora Parkerson
Dr. Earl and Floy Young

Receive News to Friends electronically

Would you like to receive News to Friends in your inbox instead of your mailbox? Sign-up to receive our newsletter via email at HopeWestCO.org.

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Our board feature this month is the Montrose Advisory Board

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Ellen Fetterolf

Judy Ann Files

Fletcher Flower

Sue Frank

Carla Gallegos-Fox

Bryan Gieszl, M.D.

Dave Gordon

Donna Granere

Paul Gray

Sandy Head

Tom Hillhouse

Jim Kitchell

Allison Nadel, Chair

Joan Napolilli

John W. Nelson

Pastor Steve Reinhard

Merrilee Robertson

Barbara Seelye

News to Friends

is published by HopeWest. Comments and suggestions are welcome. Please call Jenny Marquez at (970) 263-2182.

HopeWestCO.org



3090 North 12th Street, Unit B
Grand Junction, CO 81506

A meaningful way to honor special people in your life.

Those honored during the month of May:

**Christy Whitney
Borchard**

Malene S. Davis

Jami Davis

DeMarchis Family
Foundation

**Mike
Gallegos**

Carla Gallegos-Fox

Helen Love

HopeWest Senior
Leadership Team

Cherie Mitchie

HopeWest Senior
Leadership Team

Consider acknowledging birthdays, anniversaries or special occasions with an honorary gift to HopeWest.

