

SEPTEMBER 2016

# News to Friends



*"I was amazed...  
I just didn't know..."*

*Thousands of perfect strangers donated so my family could experience extraordinary care when we suddenly needed it most.*

*It's personal now and I want to do my part to make sure other families get and receive the care that everyone deserves."*



## HopeWest

**The stories I hear every day amaze me. I am always so humbled by the lives we touch and the difference we are able to make.**



**Christy Whitney Borchard,  
President & CEO**

In our world today most of health care is delivered in a fashion that has very little to do with fundraising. In fact, you would be surprised that most hospices in other communities today are funded by venture capital and delivered by national health care companies. I am sure that basic hospice care is provided by them, but every day someone stops me and says "thank you for the kind of hospice care we have in our community that HopeWest provides. You know it doesn't happen everywhere like this." It happens this way because of thousands of people who donate time and money to make it special.

The quote left says it best and I have heard it so many times.

### **What makes our care different?**

- A focus on the family's well being, not just the patient.
- Focus on children of all ages in a family and how they cope with serious illness in their family and after a death of a loved one.
- Care given to people when their insurance (Medicare or private), does not provide coverage for what they need because they either don't meet prognosis requirements or their care is too expensive.
- Volunteers who are there at every turn to support our neighbors.
- Sufficient staffing to make sure that twenty four hours a day someone is there to answer the phone and make a visit to assure the comfort of a patient.
- A Care Center facility to provide "home" when hospital level of care is required – where family, pets and patients can all be together.

Thank you for being part of making our kind of care happen.



# Montrose Center for Hope gardens

A beautiful display of creativity and love

The time spent planning, ordering just the right materials and attention to detail all paid off as you take a walk around the beautiful surroundings at the Montrose Center for Hope.

Thanks to our wonderful community and very talented team of professionals, the gardens have provided such joy to those who see it every day and to those who have been able to attend events hosted in our outdoor pavilion.

A special thank you to Julee Wolverton for her love of design and unending creativity in adding just the right touch to make the landscaping so beautiful, to San Juan Gardens for donating all the trees, shrubs and plants to help bring the gardens to life and to Eric Marquez for managing this effort and seeing it through completion.



He who plants  
a garden plants  
happiness.



*Top: Community members gather for The Spring Time of Remembrance Memorial Service held in the Montrose Center for Hope garden gazebo.*

*Left: Butterfly and dragonfly benches bring visitors a place to soak in the beauty of the gardens thanks to our generous donors.*

# Fresh. Local. From the Heart.



We are excited to welcome Executive Chef Martin Marez who has joined Spoons bistro & bakery, leading the culinary team and bringing with him a love of food, an abundance of experience and passion for the HopeWest mission.



*Martin Marez,  
Spoons  
Executive Chef*

Martin discovered his love for food at a young age and has worked in high-end restaurants across the western United States. He went from serving as an apprentice chef in Phoenix, Arizona, to cooking in the Olympic Training Center in Colorado Springs. Along the way he has collected a vast array of unique experiences and is excited to share with the culinary team at Spoons, as well as the patrons.

"Spoons has a very fresh, positive and energetic menu, atmosphere and service," said Martin. "I really enjoy the variety of dishes we offer at Spoons. Some of my favorite dishes to make are the vegetarian and gluten free options. I love that we are able to cater to people's dietary needs."

If you haven't had a chance to join us later, stop by for breakfast, brunch, lunch or dinner and enjoy the variety of unique, locally sourced dishes that are sure to become favorites.



Monday - Saturday: 7:00 a.m. - 9:00 p.m.  
Sunday Brunch: 8:00 a.m. - 2:30 p.m.  
3090 North 12th St. Grand Junction, CO  
(970) 255-7237 • SpoonsBistroAndBakery.com

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Homestyle Bakery • Tortilleria la Milpa



## Camp Good Grief is a weekend summer camp for children and teens entering grades 3 - 8.

The goal of Camp Good Grief is to provide a safe and compassionate environment for children and teens to explore their grief issues with peers and to just have fun! Nearly 50 children and teens, who have all lost someone close to them, attended Camp Good Grief over a warm weekend in July this year. The poem below, written by Sandra Dorr, reflects the complex emotions of campers as their journey begins. This is the first of several poems that will help tell the stories of HopeWest.

## Going Up to Camp Good Grief!



We're in a sweaty bus, kids with skinny legs crowded together, some big kids and adults taking up a whole seat. The highway jigs up the mesa, a rippling body of midnight blue we look to every day from this desert valley. The small faces, who have seen someone die, watch the mesa, and we watch the kids, who are the why, from seven to fourteen, some smiling, some wearing a grey shocked look, not talking, huddled alone, no games, no phones. Beads of water trickle down all our backs.

It's little Lillyon's mother, it's the blond wrestler, C. Jay's, stepfather; it's the five girl teens who all lost their fathers. It's Faith with her paperback in front of her face, silent for her seven-year-old brother, it's the Irish Indian boy staring out the window mourning both grandfathers, and the calm pretty girl, Pearadyce, her mom still in prison, father gone, her brother-in-law's body, which police abandoned. Add in her two nieces with dark moist eyes, they're on this bus, too, with all the families who can't talk about death, whom the kids can't talk to, these shadows ride this bus too.

We gain altitude, travel through tall clay hills where nothing will ever grow again, then the shining Colorado, trees hanging like jewelry over the water, and Cathy, the bus driver in braids, brakes to let some "littles" breathe in shade. She takes the microphone and asks for quiet so she can hear the train as we near a railroad crossing: the warm bus stops just before the tracks. Littles and bigs crane their necks to look – we hold our breath, something within approaching, memory coalescing like buttonhooks.



Off we go again, the bus shifting up a dusty road, white CGG waterbottles emptied, bouncing like bowling pins down the aisles, we're chatting, we buddies, each here for each child, looking into their eyes, asking about school, about their favorite things, *yeah I was a tomboy too just like you, sure, yeah I love that guy too, didja know they traded him to the Phillies last year,* we're getting around to it, biting our mouths to see if words will come now,

if they will look out the window, or say *it was in January or I was too little or I don't remember anything,* if she might put her hands over her face, if his lower lip starts to quiver, if they might turn away, and still we breathe and wait until he recites in a monotone the name, the date, and she looks away, whispers, *it was last year my mom came home late,* and now the air's just a little cooler, we rise higher, pass small old stone houses,

the road littered with pine cones, the bus brushing piñon, we see a meadow that feels round, a forest rushing up to the sky, and we all breathe in green, feel the bus sway down a gravel road. *Speed Limit 5* shows through the trees: bright white buildings with solid timbers, tall swingsets, big basalt boulders, a deck smoking with the sweet rich smell of barbecue. The bus slows under a great leafless cottonwood standing sentry, just two twisted limbs left, thrown out on each side as if the old tree's dancing, and little Kiana points and cries out, *"It's welcoming us!"*

– Sandra Dorr

## Transformational Healing at Camp Good Grief

*"I really needed to cry to start feeling better," said Mari Boyd, a 13 year old girl, devastated by the loss of her father just this year. Mari, saddened and feeling lost after losing her dad, was able to find healing thanks to Camp Good Grief, HopeWest Kids annual summer camp.*



*Mari Boyd lights a symbolic candle honoring her father at the Camp Good Grief memorial service.*

At HopeWest, children are not forgotten in their grief journey. Camp Good Grief along with other HopeWest Kids programs, offer hope and healing to these children in one of the most difficult times of life. Camp Good Grief is only possible through philanthropy and would not happen without the support of our generous community.



## Our gratitude to the Legacy Society

A luncheon was recently held in honor of our legacy society members at HopeWest. Nearly 100 people turned out for this special time together. We are truly grateful for our legacy society members as their gifts help sustain the future of HopeWest and the impact we can and will make on our communities.

We were honored to have Patti Moore, President of the Watershed Group, as our speaker for the day. Patti has a true passion for end-of-life care. She inspired everyone by speaking about **Generosity as a Legacy**. She talked about the importance of generosity and how the more you share, it is like a boomerang, it cannot help but return to you if you are aware of it - round and round it goes, the generosity circle. What a great message. Thank You!



# Spotted around our communities

Happenings across the Western Slope



## Generous donation brightens patients day

Erma Beck, a HopeWest patient, loves her vase full of flowers donated by Zephyros Farm and Garden in Paonia. "We are so grateful to Zephros and so many other local businesses, for the donations they give to HopeWest," said Jenny Neil, Administrative Support Specialist at HopeWest. "We truly appreciate them and they help make our patients experience even better."

## Montrose Golf Tournament a success!

The 18th annual Montrose golf tournament was a smashing success. Thank you to our amazing committee, volunteers, teams, underwriters and community members for their support in helping make this "the tournament" to be a part of! It was a sold out event with more than 25 generous sponsors and we raised more than \$41,000. Thank you!



## Upcoming 4th Annual Halloween Ball in Meeker

The Meeker community is gearing up for its 4th annual Halloween Ball. The community comes out in support of this amazing event that in turn helps support HopeWest services in their area.

Our palliative care program in Meeker served 20 patients last year, bringing an extra level of support for patients and families in need. The community believes in our mission and turned out to help us celebrate and raise funds to continue care in the area.

**Save the date – Saturday, October 29!**  
Can't wait to see the creative costumes that make an appearance this year!





# Honoring Lives. Changing Lives.

Thank you for helping HopeWest assist patients and families during the most difficult times. Because of your support, nearly 1,800 hospice patients received compassionate support last year.

## A meaningful way to honor special people in your life.

Those honored during the months of June and July:

### David Guy

Mr. Thomas and Linda Rau

### Peggy Himes

HopeWest Senior Leadership Team

### In honor of HopeWest Employees and Volunteers

Wayne and Joyce Smith

### In honor of Kimmie's Birthday

Dr. Michael and Debra Horwitz

### Rich Pringle

Kent Pringle

### In appreciation of transport for father Alfred "Fred" Ligrani

Frances Martz

### Memorial Donations given June 1 – July 31

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Ted and Vanessa Hoff

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Fr. Scott Hollenbeck  
Margie Joy  
Stephanie Kobald  
Betty Lou Moyer  
Solveig Olson  
Toby Smith - Chair  
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