





Christy Whitney Borchard, President & CEO

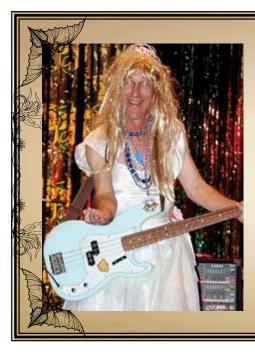
A note from Christy

We are heading into the last quarter of the year and although this naturally brings a lot of activity, it also means HopeWest is about to embark on its 25-year anniversary! More to come on this, but it sure makes me pause for a moment before I realize it has actually been 25 years. We have experienced so much positive growth and change during that time.

I recently had the opportunity to sit down with one of my mentors, Rich Green, who is also a long standing volunteer of HopeWest. That particular meeting made such an impact on me and I have shared with many of you what I learned. He reminded me how fortunate we are to have staff and volunteers – who see their role here is as "an agent" of the ideal of

HopeWest – not as just a "job." That is huge. Each one of us has a purpose on this earth and it is to bring about the potential for good in the universe. What a blessing it is to surround ourselves with such inspirational people as those here at HopeWest.

Speaking of inspirational, the Meeker community really rallies around our annual Halloween Gala – Wicked! It's quite the event if you haven't had an opportunity to come before try and make it, especially this year. My personal local rock 'n' roll favorite for the past 25 years, Ralph Dinosaur and his band, will be playing and it will be lots of fun. All proceeds from this event go to support our HopeWest Meeker program. Thank you to the committee of volunteers who help make this happen. Don't miss it!



Vintage Halloween Ball AT Fairfield Community Center Saturday, October 28

Dance to the tunes of Ralph Dinosaur & The Fabulous Volcanoes. Join Ralph and dress up for our annual Halloween Costume and Dance Contests!

For information or to reserve seats, please call [970] 683-4914or visit HopeWestCO.org.

Volunteer News Montrose & Ouray Counties

EXPLORING THE HOPEWEST HOSPICE CARE CENTER (HCC) AND THE HOPEWEST CAMPUS

In August, I took a group of six volunteers on a tour of the HopeWest facilities in Grand Junction. A long-time volunteer at the Heirlooms store suggested the idea a couple of years ago when I was still managing the store. She stated that she had been volunteering with HopeWest for six years and had never seen any of the Grand Junction facilities and really knew very little what else HopeWest does outside of Heirlooms and hospice care. She said, "We should take a field trip!" and the idea stuck with me.

Out of the six ladies who took up my invitation, one has been volunteering for eight years, two for five years, two for three years, and one for just over a year; only one of them had ever seen any portion of the HopeWest Campuses and that was a one-time visit to Spoons bistro & bakery. Each and every one of the ladies was impressed by the scope of what this organization does. It was truly eye-opening for these volunteers to see what their efforts at the local level have helped to accomplish on the regional level. – *Kelly Thompson, Montrose Volunteer Coordinator.*



Grace Russell, Lois Hutt, & Kay Karins (not pictured: Frances Hursey, Cathy Roberts & Michelle Callahan)

From two of the volunteers:

What an amazing and informative tour several of us volunteers had of the Grand Junction HopeWest campus and administrative offices of the great organization we volunteer for. What was most impressive was the thought and planning that went into the campus.

It seemed everything was so well thought out, down to the smallest of details to make perhaps the most difficult times in someone's life a most peaceful and comfortable experience.

I would encourage all of you to take the next opportunity that is offered to see the inner workings of our Grand Junction campus.

Thank you Kelly Thompson for making this tour extra special. - Cathy Roberts

I want to say thanks so much for the great day we spent with you last week. The tours were wonderful, we were just amazed with the lovely interiors of the buildings and the many thoughts that were covered for the patients. Just a beautiful and peaceful place to spend with family and friends during the final journey.

The food from Spoons was delightful and delicious. I can't wait to return for another meal. Again, thanks to everyone for such a great day, I hope more volunteers from Montrose will take this opportunity to visit and experience a wonderful visit like we had. – Frances Hursey

Please email or call if you are interested in touring the facilities as well and one will be arranged. A group of 10 (or slightly fewer) volunteers is ideal. KThompson@HopeWestCO.org or (970) 497-5204.

HEIRLOOMS FOR HOSPICE NEWS

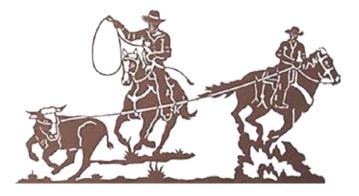


Don't miss the big changes at the Montrose Heirlooms Store. After nearly a year of planning the store is finally getting its much anticipated exterior face-lift! The final weekend of October is the scheduled date for the exterior to be painted in preparation for new

awnings, refinished entry doors and decal-free windows. This makeover is sure to make the store a Main Street stand out. All this will coincide with the store's interior flip into the holiday merchandise – busy and exciting times!

ON A MOMENT'S NOTICE

Our volunteers never cease to amaze me! Thank you to LuAnne Tyrrell, Denise Quinn, Linda Dodge, Ron Cooper, Maria Verble & Joanie Ewing who responded on very short notice and were able to help work at the Montrose Ranch and Rodeo Event. Your gift of time benefitted HopeWest with a generous **\$500 donation from Wollert GMC in Montrose.** Thank you for your continued dedication to HopeWest!



VOLUNTEER OPPORTUNITIES

HANDLING THE HOLIDAYS – grief support to help you cope with the upcoming holidays. Thursday, November 16 10:30-11:30 a.m. or 1:30 – 2:30 p.m. Montrose Center for Hope Community Room 725 South 4th Street | Montrose

Holidays can be a difficult time for all of us but especially for those living with the loss of a loved one. This educational opportunity can give you – or someone you know – the tools that can help them through the difficult moments as the holidays approach. Please register with Kelly Thompson, Volunteer Coordinator at (970) 497-5204 or KThompson@HopeWestCO.org.

HopeWest Volunteers Holiday Party

Sunday, November 19 | 5:30 p.m. Baldridge Hall (next to Montrose United Methodist Church) 19 South Park Avenue | Montrose

All volunteers are invited to attend. This will be a fun evening of celebrating our one-of-a-kind volunteers and your contributions to the Montrose community. Great food, entertainment and fellowship will be on tap. Plan to bring a guest with you and a side dish or dessert to share; the main dishes and beverages will be provided. Heirlooms volunteers RSVP to Julie; JOtto@HopeWestCO.org or (970) 252-3648 and Clinical, office support and all other volunteers RSVP to Kelly; KThompson@HopeWestCO.org or (970) 497-5204. We hope to see you there!



Volunteer Birthday Breakfast & Lunch in October & November

Volunteers, we want to celebrate your birthday! Please come join us at either the Volunteer Birthday Breakfast held on the third Wednesday of every month at 8:00 am and/or the Volunteer Birthday Lunch held on the third Thursday of every month at 12:00 noon. Both are held at the Montrose Memorial Lobby Grille. Even if you don't have a birthday, come and enjoy some great fellowship and delicious food – you can eat very well for around \$3.00 for breakfast and generally under \$10.00 for lunch.

Join us October 18 for breakfast or October 19 for lunch. Join us November 15 for breakfast or November 16 for lunch.



Wicked Halloween Gala October 28

Fairfield Community Center Meeker

HopeWest Holiday Show November 18 & 19

Two Rivers Convention Center Grand Junction

Black Tie & Boots Gala February 24

Two Rivers Convention Center Grand Junction

For information or to reserve seats, please call (970) 683-4914 or visit HopeWestCO.org.





JOIN US FOR A LULAROE POP-UP BOUTIQUE FUNDRAISER A portion of the proceeds will be donated to HopeWest Kids.

October 18 ~OR~ November 30 4:30p.m. - 7:30 p.m. HopeWest Hospice Care Center, 3090 North 12th Street, Conference Room 102

(Lower level across from Spoons bistro & bakery)

LulaRoe is a modern line of girls and womens clothing. Our sizes range from Kids 2T-4T and Women's XXS - 3XL. Our clothing comes in a variety of different fabrics, prints and styles so you are sure to find something you love!



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