



Christy Whitney Borchard,
President & CEO

A note from Christy

We are heading into the last quarter of the year and although this naturally brings a lot of activity, it also means HopeWest is about to embark on its 25-year anniversary! More to come on this, but it sure makes me pause for a moment before I realize it has actually been 25 years. We have experienced so much positive growth and change during that time.

I recently had the opportunity to sit down with one of my mentors, Rich Green, who is also a long standing volunteer of HopeWest. That particular meeting made such an impact on me and I have shared with many of you what I learned. He reminded me how fortunate we are to have staff and volunteers – who see their role here is as “an agent” of the ideal of HopeWest – not as just a “job.” That is huge. Each one of us has a purpose on this earth and it is to bring about the potential for good in the universe. What a blessing it is to surround ourselves with such inspirational people as those here at HopeWest.

Speaking of inspirational, the Meeker community really rallies around our annual Halloween Gala – Wicked! It's quite the event if you haven't had an opportunity to come before try and make it, especially this year. My personal local rock 'n' roll favorite for the past 25 years, Ralph Dinosaur and his band, will be playing and it will be lots of fun. All proceeds from this event go to support our HopeWest Meeker program. Thank you to the committee of volunteers who help make this happen. Don't miss it!



Wicked

Vintage Halloween Ball
At Fairfield Community Center
Saturday, October 28

Dance to the tunes of
Ralph Dinosaur & The Fabulous Volcanoes.
Join Ralph and dress up for our annual
Halloween Costume and Dance Contests!

For information or to reserve seats,
please call [970] 683-4914 or visit HopeWestCO.org.



Volunteer News

Mesa County



EMPLOYEE SPOTLIGHT JOANNA STORTZ

My family is from Telluride but we moved to Grand Junction when I was young. I graduated from Mesa State with a B.B.A in Human Resources. I am currently

the Vice President of Western Colorado Human Resource Association, which supports HR Professionals in our community. I started with HopeWest in the HR department as a Recruitment Coordinator in April 2016. I am married and have two children. My daughter, who is 10, is a competitive swimmer, so a lot of time is spent traveling to swim meets. I am never too busy to talk about swimming! My son, who is 7, is very interested in mining and archeology, so he is always digging for something.

“I AM VERY EXCITED TO BE JOINING THE VOLUNTEER TEAM!”

I believe in the HopeWest mission and am looking forward to working with the wonderful HopeWest Volunteers. Thank you for volunteering!

Sip & Share



The Sip & Share group gives volunteers an opportunity to socialize with one another, share stories, give visit ideas and talk with Megan, our Volunteer Coordinator. The group meets every 3rd Monday of the month, from 10:00 a.m. – 11:00 a.m. at Artful Cup. Upcoming dates are October 16 and November 20 . If you are interested in attending please contact Megan at (970) 257-2378 or email MBehrens@HopeWestCO.org.



This month’s recipe from our Holiday Christmas Cookie Exchange was contributed by volunteer Betty Schafer.

SNICKERDOODLES

- | | |
|--------------------------|---------------------|
| 1 c. butter softened | 1 tsp. baking soda |
| 1 ½ c. sugar | ¼ tsp. salt |
| 1 egg plus 1 egg white | Topping: |
| 1 ½ c. whole wheat flour | 2 T sugar |
| 1 ¼ c. all-purpose flour | 2 T ground cinnamon |

In a bowl cream butter and sugar until fluffy. Add eggs and egg white; beat well. Combine the dry ingredients; add to cream mixture and beat well. In a small bowl combine topping ingredients. Shape dough into walnut sized balls and roll in topping mixture. Place 2” apart on an ungreased cookie sheet. Bake at 400 degrees for 8-10 minutes. Cookies will puff up and flatten as they bake. Makes about 40 cookies.



DON'T FORGET TO INVITE A FRIEND TO VOLUNTEER AND JOIN OUR TEAM. INVITE THEM TO APPLY ONLINE!

Go to HopeWestCO.org and under the volunteer page you can fill out our new application. Anytime you refer a friend who becomes a volunteer you will be entered into our drawing. We draw for prizes at the end of each quarter.

Important Reminders



Thanksgiving Closures

Our offices will be closed for
Thanksgiving Thursday, November 23 and Friday November 24.

If you have questions about your patients please contact the main line during these days. Thank you!

DONATIONS NEEDED!

We are looking for donations of music CD's for our music program. We need music from these genres: 50's and 60's; Elvis, Beatles, Frank Sinatra, Dean Martin, etc. Old Country; John Denver, Johnny Cash, Dolly Parton, etc.

VETERANS APPRECIATION

The HopeWest volunteer department would like to recognize all of our veteran volunteers. We appreciate your sacrifice and dedication to our country. Please contact us if you are a veteran so we can recognize you and ensure we have accurate records. Thank you for your service!

TIMESHEET REQUIREMENTS:

You can now fill out your timesheets online! If you need training on our new system please contact Jenny or Megan in the volunteer department. Also, please make sure that when you fill out your timesheets that you include indirect time such as: travel time, charting, filling out your timesheets, and talking with team members. If you have questions about timesheets please call Megan Behrens at (970) 257-2378. Thank you!



BEAUTY QUEENS

Beauty Queen volunteers visit nursing homes and assisted living facilities each month to offer free services such as manicures, facials and makeovers to residents. If you are interested in joining Beauty Queens please contact Jennifer in the volunteer department at (970) 623-8816 or fill out an application online at HopeWestCO.org.

EDUCATIONAL OPPORTUNITIES



HOPEBLOOMS CAMPAIGN

October 11 | 9:30 a.m. or October 23 | 3:30 p.m.
Hospice Care Center Room 102

Special volunteer and insider update on the HopeWest HopeBlooms Campaign. We will share our plans for the Compass building renovation, the new PACE program and how you can be a voice in your community.

HANDLING THE HOLIDAYS

Wednesday, November 8 | 11:00 a.m.-12:00 p.m.

OR 6:00 p.m. - 7:00 p.m.

December 6 | 11:00 a.m.-12:00 p.m.

OR 6:00 p.m. - 7:00 p.m.

Hospice Care Center Room 102

RSVP to Jenny Fritzel at Jefritzel@HopeWestCO.org or call (970) 248-8828.



H.I.V.E. HopeWest Individuals Volunteering Energy
October 25 and November 15 | 9:00 a.m. - 11:00 a.m.
HopeWest Hospice Care Center, Room 101

This is a volunteer group for current or soon-to-be retired volunteers who still want to be involved but may not be able to volunteer on a regular basis. The group will have social time, snacks, projects and monthly fun activities that will continue to make an impact on HopeWest.

Welcome New Volunteers!




- | | |
|------------------|-------------------|
| Carla Bamford | Patsy Miracle |
| Jennifer Briscoe | Mike Mylar |
| Alanza Cook | Theresa Nehemias |
| Patricia Eble | Susanne O'Dell |
| Priscilla Fry | ChyAnn Porter |
| Colleen Garcia | Khyessa Rodriguez |
| Kelly Hayes | Kelly VanBaale |
| Kryssi Lee | |

Thank You for Joining Our Team!

Save These Dates!

UPCOMING HOPEWEST EVENTS


HopeWest
3090 North 12th Street, Unit B
Grand Junction, CO 81506

Nonprofit Org.
US Postage
PAID
CPC Mail

Wicked Halloween Gala **October 28**

Fairfield Community Center
Meeker

HopeWest Holiday Show **November 18 & 19**

Two Rivers Convention Center
Grand Junction

Black Tie & Boots Gala **February 24**

Two Rivers Convention Center
Grand Junction

For information or to reserve
seats, please call (970) 683-4914
or visit HopeWestCO.org.



FUNDRAISER!

JOIN US FOR A LULAROE POP-UP BOUTIQUE FUNDRAISER

A portion of the proceeds will be donated to HopeWest Kids.

October 18 ~OR~ November 30 | 4:30p.m. - 7:30 p.m.

HopeWest Hospice Care Center, 3090 North 12th Street, Conference Room 102
(Lower level across from Spoons bistro & bakery)

LulaRoe is a modern line of girls and womens clothing. Our sizes range from Kids 2T-4T and Women's XXS - 3XL. Our clothing comes in a variety of different fabrics, prints and styles so you are sure to find something you love!