





Christy Whitney Borchard, President & CEO

A note from Christy

Hard to believe but 2017 is coming to a close. As we are approaching our 25 year anniversary, we have so much to be thankful for at HopeWest.

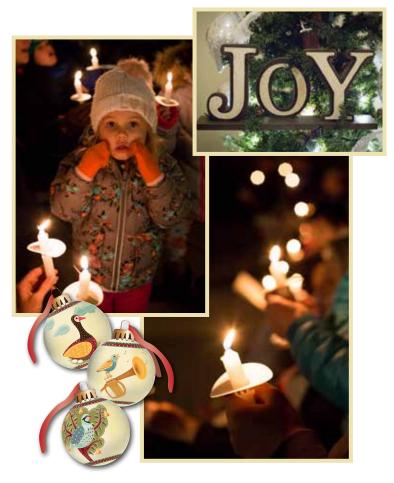
- We have served more than 22,000 hospice patients and their families since we began in 1993.
- For the 3rd year in a row, we were ranked as a top healthcare company to work for in the nation! We were #26 out of 75 and were in the top five family friendliest organizations.
- We now have 375 extraordinary employees and more than 1,300 incredible volunteers.
- For the second consecutive year, we were a recipient of the Hospice Honors Award and the only hospice in Colorado to receive "elite" status. This prestigious award recognizes hospices that continuously provide the best patient and caregiver experience as measured from the caregiver's point of view.

Our successes are not our own. They must be shared with you, our community, because through your support we are able to accomplish what we do. That is something we take seriously and never lose sight of – your generosity. We recently had our annual Light up a Life ceremony in Grand Junction and it was the true definition of community coming together. We had more than 350 people attend as we started the holiday season with the lighting of the Care Center Campus. It was quite a sight and a special time to remember and thank those close to us and those who support our mission every day.

HopeWest

HopeWestCO.org

We would not be the organization we are today without the support of every one of you, so thank you! Have a wonderful holiday season.





## Mesa County

## **LOVE COFFEE?** Invite your friends to volunteer and get a FREE BEVERAGE!

Have your friend apply online at HopeWestCO.org by completing a new application on our volunteer page. Make sure they list you as the person who referred them and when they become a volunteer YOU will receive



a coupon for one FREE DRINK at Artful Cup!

# Welcome New Volunteers!



Alexis Lovato Barbara Ewing Bill Bensley Bradford Metcalf Brian Kilgore Candice Hobon Carol Inglis Christine Haddow D'Nene Singleton D.J. Clancy Doreen DeMond Heather Snow Jadah Marquez Jessica Hocker

Judi Kennedy Kandee Myers Kasey Rivera Katherine Walter Lanie Dougherty Larry McKenna Mel Mitchell Michael Merriman Patricia Ebel Patty Hupke Sandra Cherp Theresa Fredrickson Theresa Nehemias

Thank you for joining our team!



This month's recipe from our Holiday Christmas Cookie Exchange was contributed by volunteer Mary Douglas.

## OLD-FASHIONED PEANUT BUTTER COOKIES

2 ½ c. unsifted flour 1 tsp. baking powder 1 tsp. baking soda ½ tsp. salt 1 c. creamy or chunky peanut butter 1 c. Mazola Margarine 1 c. sugar 1 c. firmly packed brown sugar 2 eggs 1 tsp. vanilla

Stir first 4 ingredients and set aside. In large bowl with mixer at medium speed beat margarine and peanut butter until smooth. Beat in sugars until well blended and then add eggs and vanilla. Add flour mixture; beat until well blended. If necessary, chill dough. Shape into 1-inch balls. Place 2 inches apart on ungreased cookie sheet. Flatten slightly and decorate with candied cherries or flatten with fork dipped in colored sugars. Bake in 350° oven for 12 minutes or until lightly browned. Remove from cookie sheets and cool on racks. Makes about 6 dozen cookies.

## **CONNECT WITH US ON FACEBOOK!**



The Volunteer Department at HopeWest has a closed group page on Facebook, specifically for our volunteers. You can join by searching "HopeWest Volunteers" on Facebook and asking to join the group. This page

will list exclusive news, event listings, photos and much more! Stay connected with us!

# Important Keminders

#### **WE ARE MOVING!**

The volunteer department will be moving to the 3rd floor at Compass Drive. We are unsure of the exact move date or suite number, but it is coming soon!

## PATIENT VISIT TIPS & TRICKS

Is your patient always asleep when you visit? Find a staff member to see if the patient should be awakened. Contact your social worker and see if the patient wants to be awake when you're there. They may be looking forward to your visit and doze off beforehand. If so, please attempt to wake them, ask if they'd like a visit and continue accordingly!

#### WEATHER

Please remember during this time of year to use caution when volunteering. If the roads are bad, please stay home. If you can't see your patient call them and let them know you need to reschedule. If you are working at one of the offices, call or email your supervisor to let them know that you are staying home. Your safety is important to us!

#### **HOLIDAY CLOSURES**

Our offices will be closed Christmas Day, Monday December 25, Tuesday, December 26 and Monday January 1, 2018. If you have questions about your patients please contact the main line during these days.

## TIMESHEET REQUIREMENTS

You can now fill out your timesheets online! If you need training on our new system please contact Jenny or Megan in the volunteer department. Also, please make sure that when you fill out your timesheets, you include indirect time. Indirect time is the time spent volunteering but not directly with your patient. This includes: Travel time, charting, filling out your timesheets and talking with team members. If you have questions about your timesheets please call Megan Behrens at (970) 257-2378.

**End of the year Time Sheets** - Please turn in your timesheets. We are compiling the end of the year volunteer hours and we need all of your timesheets for 2017! Thank you for all of the hard work and the many hours you all contribute to our organization.

## EDUCATIONAL OPPORTUNITIES

#### **VIGIL TRAINING**

Saturday, December 16 | 9:00 a.m. - 2:00 p.m. Hospice Care Center Room 102

If you are patient care volunteer who is interested in sitting vigil please join us at our next vigil training.

#### **SPIRITUAL PANEL**

Friday, January 19 | 2:00 p.m. - 3:30 p.m. Hospice Care Center Room 102

Learn about different religious beliefs pertaining to the end of life. Panel members will include clergy from various congregations in our community.

#### **BETTER IMPACT TRAININGS**

Friday, February 23 | 9:00 a.m. -10:00 p.m. OR

#### Friday, February 23 | 3:00 p.m. - 4:00 p.m. Hospice Care Center Room 102

Does the paper work associated with your patient visits feel cumbersome at times? Our new volunteer database is making it easier for you to document your visits electronically – no more paper work! If you are interested in streamlining your patient care documentation via your home computer, cell phone or other electronic device, plan to attend one of the two training sessions offered. Each session will last about an hour.

To register for any of the training sessions listed above, contact Jenny Rich with JeRich@HopeWestCO.org or call (970) 248-8828.



#### H.I.V.E. HopeWest Individuals Volunteering Energy January 17 and February 28 | 9:00 a.m. – 11:00 a.m. HopeWest Hospice Care Center, Room 102

This is a volunteer group for current or soon-to-be retired volunteers who still want to be involved but may not be able to volunteer on a regular basis or offseason Tanglewood volunteers who want to stay connected. The group will have social time, snacks, projects and monthly fun activities that will continue to make an impact on HopeWest.





Two Rivers Convention Center Grand Junction

#### Montrose Gala March 17

Montrose Pavilion

## More details coming soon.

For information or to reserve seats, please call (970) 683-4914.



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# Our annual Holiday Show in Grand Junction was a smashing success.



Thank you to all of our volunteers for the thousands of hours that went into making this so amazing!