



Christy Whitney Borchard,
President & CEO

A note from Christy

Kids are out running around, the temperature is rising and the evenings are longer...it must be summertime in western Colorado!

Summer brings with it a flurry of activities, especially around HopeWest. We just finished **Itty Bitty Camp**, are gearing up for **Camp Good Grief** next and **Soul Summit** for teens is coming soon.

Kids work hard all year so mixing in summertime fun with grief work gives the kids a chance to enjoy activities and meet new friends all while learning lifelong coping skills.

You, our wonderful donors and volunteers, make such a difference ensuring these incredible opportunities are available for kids in our community. We serve nearly 650 children across western Colorado an impressive accomplishment when you realize that this program is completely funded through the generosity of people just like you.

Thank you for making a difference in these young lives.



Volunteers participating in activities with kids at Camp Good Grief



The HopeWest campus in Grand Junction was transformed one special day in May for Itty Bitty camp.

Itty Bitty Camp is for children between the ages of 5 – 8 who have lost a loved one. Twenty children gathered for the day with wide eyes unsure of what to expect. They quickly felt at ease by meeting their volunteer buddy for the day and noticing the fun musical theme.

The campers, along with our expert counselors and volunteers, were taken on a musical journey learning coping skills along the way that will help them with their grief. What an exciting and beneficial day for all of those involved!



Camp is only possible with your continued support as we rely solely on philanthropy to provide this opportunity. More than 30 volunteers helped with the day and countless donations helped make it possible. Thank you for caring!



Children ages 5 - 8 learning to cope with their grief through a "Musical Journey" at Itty Bitty Camp in May.



Volunteer News

Delta County

Volunteer Appreciation Party

A huge thank you to all the amazing volunteers who attended this year's Volunteer Appreciation Party! In April, guests enjoyed a wonderful taco bar prepared by HopeWest staff, along with dessert, prizes and games!

The Delta HopeWest office thanks all Delta County volunteers for going above and beyond in 2016. Each of you helped us accumulate more than 8,500 volunteer hours. These hours were performed throughout Delta County by volunteers who served in these positions: patient & family support, Heirlooms for Hospice, administrative support, board and event support. These hours directly contributed to the amazing care of our Delta patients. Thank you for giving of your time and hearts.

We truly appreciate each one of you!





DON'T FORGET YOUR TIMESHEETS!

It is incredibly important that ALL timesheets be turned in to Felicia every month! Patient care timesheets MUST be turned in by the 5th of the following month per our Medicare and Medicaid requirements. Each year, we must meet our match requirement (staff hours vs volunteer hours) so that our patients can benefit from these insurance providers. If you need more timesheets, envelopes or have any questions, please contact Felicia at (970) 874-6823 or FSabartinelli@HopeWestCO.org.



It's that time of year! Our annual Denim & Diamonds Gala event will be held **Saturday, August 19 at Bill Heddles Recreation Center**. This year's theme is "Hope Blooms" and we are currently looking for volunteers to assist with a variety of tasks. The positions listed below will be filled on a first-come, first-served basis.

- Men to assist with loading, Thursday, August 17
- Friday & Saturday decorating volunteers
- Silent auction volunteers – assist with set-up (Thursday, Friday & Saturday)
- Saturday event volunteers
- Silent auction stewards
- Champagne table hosts
- Greeters
- Bartenders
- Floaters
- Station sellers
- Clean-up

If you are interested in any of these volunteer opportunities, please contact Felicia at (970) 874-6823 or email FSabartinelli@HopeWestCO.org.

EDUCATIONAL & EVENT CALENDAR



HIPPIES FOR HOSPICE

Thursday, June 22 | 5:30 p.m. – Close
CB's Tavern | 334 Main Street, Delta

Please join us at the third annual *Hippies for Hospice* event presented by CB's Tavern and Palisade Brewing Company. All drink proceeds from this event help HopeWest staff raise money to purchase items that will be offered in the Denim & Diamonds Silent Auction. 70's attire is highly encouraged and celebrated. Tie-dyed clothing will be available to purchase. Get out those platform shoes and bell bottoms – we hope to see you there! For more information, call Nancy Hovde at (970) 874-6823.

FLOWER ESSENCES 101

Tuesday, June 27 | 12:00 p.m. – 1:00 p.m.
HopeWest Conference Room | 195 Stafford Lane.

Presented by Diana Yourell, Flower Essence Practitioner
Join us for a special presentation on Flower Essences and how they can be used to transform your life. Flower Essences act to balance disharmonies in the emotional and spiritual body, and facilitate a gentle healing by bringing the body back into balance – much like essential oils. Diana Yourell has been trained as a Flower Essence Practitioner since 2003 and will lead this presentation. RSVP is required. Feel free to bring your lunch.

HYPNOSIS AND HYPNOTHERAPY

Tuesday, September 26 | 12:00 p.m. – 1:00 p.m.
HopeWest Conference Room | 195 Stafford Lane.

Presented by Thia Rose RN, CCHT, QHHT, Practitioner
During this presentation, you will be given a guided tour on hypnosis: definitions, history, misconceptions and the many ways it can be used. Self Hypnosis. Quantum Theory, and Quantum Healing Hypnosis Technique. RSVP is required.

Registration is required for classes listed above.
To register, call Felicia at (970) 874-6823 or email FSabartinelli@HopeWestCO.org.



Connect with us on Facebook!

**19TH ANNUAL MONTROSE
HOPEWEST GOLF TOURNAMENT**
Saturday, June 24, 2017
The Bridges



HopeWest

3090 North 12th Street, Unit B
Grand Junction, CO 81506

Nonprofit Org.
US Postage
PAID
CPC Mail

Don't miss this tournament with amazing prizes!
Register online at HopeWestCO.org.
Cost is \$100 per player.
For information call Nancy at (970) 497-5203



Great finds. Great values.
Greater cause.

All proceeds from Heirlooms for Hospice support the mission of HopeWest. We are dedicated to profoundly changing the way our community experiences serious illness, aging and grief – one family at a time.

HEIRLOOMS
FOR HOSPICE



Grand Junction
635 Main Street
(970) 254-8556

Montrose
435 E. Main Street
(970) 252-3648

Delta
532 Main Street
(970) 874-5251

HeirloomsForHospice.org